
Expected impact of the sugar sweetened beverages tax in Mexico

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This study explores answers to the question: 'What effect on body mass index, obesity and diabetes can we expect from the 1-peso-per-litre tax to sugar sweetened beverages in Mexico?'

Artículos y casos de estudio



[PLOS_Tonatiuh Barrientos Mayo 2017.pdf](#) [1]

1 mayo, 2017

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Extended Description:

This study explores the impact of the 1-peso-per-litre tax to sugar sweetened beverages in Mexico. It argues that:

- Ten years after the implementation of the tax, a **2.54% reduction in obesity prevalence** is expected.
- People in the **lowest level of socioeconomic status** and those between **20 and 35 years of age** showed the largest reductions in BMI and overweight and obesity prevalence.
- Simulations show that by 2030, under the current implementation of 1-peso-per-litre, the tax would **prevent 86 to 134 thousand cases of diabetes**.
- Overall, the 2-peso-per-litre scenario is expected to produce **twice as much of a reduction**.

Related Resource: [Case study: Advocating for Sugar-Sweetened Beverage Taxation in Mexico](#) [2]
[The Implementation of Taxation on Sugar-Sweetened Beverages by the Government of Barbados](#) [3]
[Taxes on Sugar-sweetened Beverages as a Public Health Strategy: The Experience of Mexico](#) [4]

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Author: [Tonatiuh Barrientos-Gutierrez, et al.](#) [11]

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[1] https://ncdalliance.org/sites/default/files/resource_files/PLOS_Tonatiuh%20Barrientos%20Mayo%202017.pdf

[2] <https://ncdalliance.org/es/node/8351>

[3] <https://ncdalliance.org/es/node/8623>

[4] <https://ncdalliance.org/es/resources/taxes-on-sugar-sweetened-beverages-as-a-public-health-strategy-the-experience-of-mexico>

[5] <https://ncdalliance.org/es/taxonomy/term/281>

[6] <https://ncdalliance.org/es/category/tags/obesity>

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