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## **APDP Diabetes Portugal**



Language English

APDP - the association for people living with diabetes in Portugal.

APDP supports people with diabetes, their families and caregivers, providing healthcare and educational services. It collaborates in the development of public and social policies focused on the rights and needs of people with diabetes.

***NCD full member***

**About APDP**

APDP Diabetes Portugal was founded in 1926 to supply insulin to poor diabetic people from all over Portugal and has evolved into a nationwide institution which provides healthcare and a wide range of other services to people with diabetes.

It is a private health institution of social solidarity, recognised as being of national interest, with technical, administrative and financial autonomy. APDP is the only national centre recognised by the International Diabetes Federation (IDF), and since 2009, a Centre of Education of the IDF.

Due to its multidisciplinary facilities, it is also recognised, since 2011, at European level, as a Centre of Reference for Paediatric Diabetes. Since 2018, APDP is part of the ENDO-ERN for rare types of diabetes.

**APDP's work on education**

## APDP Diabetes Portugal

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In the field of non-communicable diseases (NCDs), APDP believes that education is a vital part of the provided care. With its staff of highly trained specialists, APDP is well prepared to handle this aspect of care, thus providing therapeutic education to people with diabetes.

APDP provides training courses for healthcare professionals, for people with diabetes, their families and caregivers in order to promote a better disease management and quality of life of people with diabetes.

APDP also develops a number of projects focused on the community, providing screenings and educational programs to encourage behavioural lifestyles' changes in those at risk of developing type 2 diabetes.

### Address

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