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## **International Youth Health Organization**



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Language English

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International Youth Health Organization (YHO) is one of the leading organizations that empowers young people to actively participate in prevention programmes, research, policy and leadership on Youth Health.

YHO works towards health and wellbeing of young people, through promotion of healthy lifestyles and prevention of non-communicable diseases, including mental health and environmental health. It develops and supports evidence-based and effective policies to assure health-promoting environments for young people.

## **About International Youth Health Organization**

Since its establishment, YHO has hosted several conferences, seminars, and other capacity-building events. It has conducted research together with young people that has been used to inform policy-making. YHO has amplified the voices of young people when advocating for health-promoting policies nationally and internationally.

The International Youth Health Organization was officially established in 2011 as the Alcohol Policy Youth Network (APYN) and was connecting youth organizations to work towards the prevention and reduction of alcohol-related harm. APYN developed and advocated for effective alcohol policies. After years of successful work on the field of alcohol, members decided in 2018 to rename the network and expand the areas of work to non-communicable diseases, including mental health and environmental health.

## **International Youth Health Organization's work on NCDs**

YHO raises awareness among young people and Youth organisations about prevention of NCDs and about national and international health policies by organising different educational, promotional and capacity building activities and events. It promote evidence-based projects and exchange knowledge of good practices for health promotion, while

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giving opportunities for networking as well as empowers young people to effectively work in the field of NCDs, to conduct projects to improve Youth Health and to advocate for more comprehensive health policies at regional, national and international levels.

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**Panel Image Link:** <https://www.yho.network/>

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### Links

[1] <https://www.yho.network/>

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