How to manage COVID-19 for those living with NCDs

Language English



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The elderly and people with pre-existing noncommunicable diseases (NCDs) are more vulnerable to becoming severely ill with COVID-19.

The risk of becoming severely ill with the virus appears to increase for those who are older (60 years and above) and those living with NCDs such as cardiovascular diseases, chronic respiratory diseases, diabetes and cancer.

To support those living with NCDs, the World Health Organization (WHO) has released a information note and practical guidance on COVID-19. The information note provides technical guidance and patient management of critical illness and guidance on risk factors (such as smoking) and conditions that make people more vulnerable to becoming severely ill with COVID-19. Tips can also be found on lifestyle and those living with or affected by NCDs.

The information note can be found here [1].

Other advice on NCDs [2]and mental health [3] has also been published by the WHO.

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