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## **Mental Health action plan approved by MoH of the Americas**



Ministers of Health from throughout the Americas agreed on October 1st to promote a set of measures designed to improve mental health care in their countries.

These include the preparation of plans to ensure effective services and prevention programs for people with mental disorders and psychoactive substance-related disorders.

The Plan of Action on Mental Health, approved at the 53rd Directing Council of the Pan American Health Organization (PAHO), seeks to promote mental well-being, prevent mental disorders and psychoactive substance-related disorders, and offer care and rehabilitation using a community-based model.

Read press release [here](#) [1]

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### Links

[1] [http://www.paho.org/hq/index.php?option=com\\_content&view=article&id=10044%3Aministers-of-health-of-the-americas-pledge-action-to-improve-mental-health-care&Itemid=1926&lang=en](http://www.paho.org/hq/index.php?option=com_content&view=article&id=10044%3Aministers-of-health-of-the-americas-pledge-action-to-improve-mental-health-care&Itemid=1926&lang=en)