## Stronger together: Growing the #NCDVoices movement through training

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Participants of the three-day interactive workshop familiarise with the NCD global policy landscape, key elements of sharing personal stories to drive change, and mechanisms to promote meaningful involvement of people living with NCDs.

# On 26-28 June, 22 people living with noncommunicable diseases (NCDs) and national/regional NCD alliance representatives from 11 countries have come together in Geneva, Switzerland, to attend the <u>Our</u> <u>Views, Our Voices</u> [1] 2019 Train the Trainer workshop organised by the NCD Alliance.

With the aim of equipping people living with NCDs with skills to become effective NCD spokespersons and advocates as well as confident trainers, the workshop follows a peer-led approach that enables people to share their lived experiences to amplify the Advocacy Agenda of People Living with NCDs in countries and communities and build a powerful narrative for action on NCDs.

The three-day interactive workshop aims to familiarise participants with the NCD global policy landscape, key elements of sharing personal stories to drive change and mechanisms to promote meaningful involvement of people with NCDs. Group activities and personal reflections aimed to hone participants' communication, advocacy and

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training and facilitation skills to harness the power of their lived experiences to build an impactful public narrative on NCDs and mobilise their communities to call for change.

"We need to use togetherness & our shared tools to fight against NCDs, unhealthy commodity industry and insensitive governments. Only together we can win." Jaime Barba, trainer participant from Mexico

The Train-the-Trainer workshop will be followed by trainings in countries with wider groups of people living with NCDs planned and delivered by these trainers with the support of their national/regional NCD alliances.

NCDA is grateful to all the workshop participants for injecting their passion and creativity into the training sessions and generously sharing their personal experiences.

Read more about Our Views, Our Voices here [1]

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