Today is World Heart Day: Support #heartchoices Published on NCD Alliance (https://ncdalliance.org)						
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World Heart Day takes place on 29 September every year and is a change for people across the globe to take part in the world's biggest intervention against cardiovascular disease (CVD).

This year, the campaign focuses on creating **heart-healthy environments**. By ensuring that people are able to make heart-healthy choices wherever they live, work and play, World Heart Day encourages us all to reduce our cardiovascular risk, and promotes a heart-healthy planet for those around us.

There are many ways to get involved. Visit the <u>campaign website</u> [1] to know more.

Follow #worldheartday #heartchoices

Read more [2]

Post Date: Monday, 28 September, 2015

Tags: world heart day [3]

campaign [4]

Category - News: World Days

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## Links

- [1] http://worldheartday.org/
- [2] http://www.world-heart-federation.org/
- [3] https://ncdalliance.org/taxonomy/term/57
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