Making the case for cardiovascular disease and NCDs

Join us during your breaks from 31 August-3 September at the ESC Plaza of the ESC Congress 2019 together with World Congress of Cardiology for these informal and interactive discussions on NCDs, with a particular focus on cardiovascular disease (CVD)!

The NCD Café welcomes you for a coffee or tea whilst providing a unique platform for open discussions on key topics in the field of CVD, NCDs and global health, with a focus on integration, partnerships and multidisciplinary experiences, facilitating a space for networking with prominent experts and thought leaders.

Noncommunicable diseases (NCDs) - which include CVD, diabetes, cancer, chronic respiratory diseases, and mental and neurological disorders - account for over 41 million deaths each year globally. NCDs share common risk factors and health systems challenges, and also common solutions; a united response is therefore beneficial for all disease communities.

Furthermore, accelerating progress towards universal health coverage (UHC) is essential to ensuring the health and wellbeing of all people. Yet, UHC remains a distant reality for many low- and middle-income countries (LMICs), where the NCD burden is impacting disproportionately.

This NCD Café will provide the opportunity to discuss current challenges in the global health arena and other NCD and UHC topics in an open and engaging environment, with interactive sessions dedicated to open discussion between participants and speakers from all backgrounds, regions, and sectors. Join us and connect with experts!

The NCD Café can be found next to the World Heart Federation booth at the ESC Plaza of the ESC Congress 2019 together with World Congress of Cardiology.

---

**Saturday 31st August**

**SESSION 1**

12:30-13:30

**Putting people living with NCDs at the centre of UHC**

NCDs are the leading causes of global death and disease worldwide, and a major contributor to health expenditure due to their chronic nature. NCDs are responsible for over half of the global burden of disease and for over 70% of all global deaths. Universal health coverage provides the promise of better-quality health care for more people around the world. People living with NCDs (PLWNCDs) have to be meaningfully involved in the discussion to have their voices heard and their interests placed at the center of health systems.

**Chair**

Dr Sanne Peters
Research Fellow, The George Institute for Global Health (UK)

**Speakers**

Ms Jimena Marquez Donaher
Director of Communications, NCD Alliance (Spain)

Ms Vicki Mooney
Executive Director, European Coalition for People with Obesity (Ireland)

Ms Amalia Adler-Waxman
Vice-President, Social Impact and Responsibility, Teva (Israel)

Ms Diana Vaca-McGhie
Global Advocacy Manager, American Heart Association (USA)

---

**Sunday 1st September**

**SESSION 2**

12:30-13:30

**The role of healthcare professionals in strengthening health systems and combating NCDs**

The UN sustainable development goal (SDG) target 3.4 on NCDs is set to reduce by a third the rate of premature deaths by NCDs by 2030 through prevention and treatment, and promote mental health and wellbeing. To reach this target, there is an urgent need to build resilient health systems and national NCD responses. The health workforce plays a crucial role across the continuum of care, especially at the primary healthcare level, and adequate strategies need to be explored to best support health workers to provide care to their communities and contribute to effective health systems for NCDs.

**Chair**

Dr Olivia Barata Cavalcanti
Director of Science and Education, World Obesity Federation (UK)

**Speakers**

Dr John G. Harold
Past President, American College of Cardiology (USA)

Dr Antonio Ribeiro
Lead Global Health Program, HealthRise, Medtronic Foundation (Brazil)

Ms Sarah Belsom
International Development Manager, World Stroke Organization (UK)

Dr Catherine Levy
Head of Global Health Programs for NCDs, Sanofi (France)
Monday 2nd September

SESSION 3
10:00-11:00
CVD and Obesity: changing attitudes among healthcare professionals

Obesity has become one of the main drivers of cardiovascular disease. Many patients' first encounter with the health system for obesity-related issues is through cardiology and even primary care, becoming urgent the need to adapt training programmes in primary care and professional education to meet the needs of patients with obesity. The World Heart Federation (WHF) and World Obesity Federation (WOF) have recently joined forces to raise the profile of obesity and highlight the related training and educational needs of healthcare professionals.

CHAIR
Dr Pablo Perel
Senior Science Advisor, World Heart Federation (Switzerland)

SPEAKERS
Dr Amitava Banerjee
Associate Professor in Clinical Data Science, University College London (UK)

Prof Laura Hayman
Nurse Scientist, University of Massachusetts Boston (USA)

Dr Olivia Barata Cavalcanti
Director of Science and Education, World Obesity Federation (UK)

Dr Nathan Wong
Professor and Director, Heart Disease Prevention Program, Cardiology Division, University of California, Irvine (USA)

Tuesday 3rd September

SESSION 5
12:30-13:30
Air pollution and CVD: a window of opportunity

According to the WHO, air pollution causes 7 million deaths every year worldwide, making it the world's largest single environmental health risk. Addressing this issue will not only help to contain the rising burden of NCDs, and its strain on health systems, but also support the progress towards multiple SDGs and the achievement of UHC by 2030. In the lead up to the UN Climate Summit and the UN High-Level Meeting on Universal Health Coverage, which will both take place on 23rd September at UN Headquarters, it is especially important to consider the links between health and environmental sustainable development priorities.

CHAIR
Ms Kelcey Armstrong-Walenczak
Advocacy and Policy Officer, World Heart Federation (Switzerland)

SPEAKERS
Dr Mark R. Miller
Senior Research Scientist, University of Edinburgh (UK)

Prof Dr med. Thomas Muenzel
Chief of Cardiology, University Medical Center Mainz, Johannes Gutenberg University (Germany)

Dr Samantha Pegoraro
Department of Public Health, Environment and Social Determinants of Health, World Health Organization (Switzerland)

Dr Ilonca Vaartjes
Associate Professor, Universitair Medisch Centrum Utrecht (Netherlands)