

Thursday, 18 October

SESSION 2

10:05-10:35

Human health in a sustainable world: How can we address stroke and NCDs in sustainable cities?

In a rapidly urbanising world, with more than half of the global population living in cities, the threat of NCDs to human and planetary health is undeniable. Small and large cities at the same time have a role in allowing unhealthy lifestyles and suffering from the consequences of NCDs. However, concrete actions and urban models exist which are proved to successfully reduce air pollution, promote physical activity, and improve diets, with clear simultaneous co-benefits for stroke, other NCDs, and climate change mitigation. Cities also present a unique opportunity to provide better access to health services and reintegration for people living with stroke and other NCDs.

CHAIR

Pablo Lavados

Professor of Neurology, Director of Clinical Trials and Research Unit, Clínica Alemana de Santiago (Chile)

SPEAKERS

Peter Sandercock

Professor of Medical Neurology, University of Edinburgh (UK)

Mitchell Elkind

Professor of Neurology, Columbia University (USA)

Anne Simard

Chief Mission and Research Officer, Heart and Stroke Foundation (Canada)

SESSION 3

12:40-13:10

Expanding access to healthcare for people living with stroke and NCDs: The need for multisectoral approaches

Evidence shows that health care and essential medicines and technologies (EMTs) to prevent and treat stroke and NCDs are often unavailable to those who need them in low- and middle-income countries (LMICs). Limited access to affordable EMTs for NCDs may drive vulnerable individuals, families, and communities further into poverty. The importance of these services – qualified health personnel, medicines as well as technologies for screening, diagnosis, and care – will only increase as the global NCD burden swells. Increasing the availability of affordable EMTs for stroke and NCDs in low-resource settings is a complex problem, with solutions beyond the reach of any single organisation or sector.

CHAIR

Alla Guekht

Professor of Neurology, Russian National Research Medical University (Russia)

SPEAKERS

Daniel Lackland

Professor of Epidemiology, Medical University of South Carolina (USA)

Madakasira Vasantha Padma

Professor of Neurology, All India Institute of Medical Sciences (India)

Jeyaraj Pandian

Principal/Dean of Christian Medical College, Ludhiana (India)

Friday, 19 October

SESSION 4

10:05-10:35

Leave no-one behind: Putting people living with stroke and NCDs at the centre of healthcare

If the NCD response is to be successful, it is imperative to leave no-one behind. Patients are by definition at the very centre of healthcare, and people living with and affected by stroke and NCDs will be essential to accelerate the realisation of global NCD targets. People living with NCDs, their carers, and NCD survivors must be empowered to deal with the disease in the long term. Furthermore, they need to shape the NCD response and to give an effective response against stigma and discrimination faced by people living with stroke. This applies from the level of advocacy and policy development, through to design, implementation, and evaluation of programmes.

CHAIR

Mayowa Owolabi

Professor of Neurology, and Dean, Faculty of Clinical Sciences, University of Ibadan (Nigeria)

SPEAKERS

Jon Barrick

President, Stroke Alliance for Europe (SAFE) (UK)

Stephanie Mohl

Vice President, American Stroke Association (USA)

Jennifer Monaghan

stroke survivor, Living with Stroke program (Canada)

SESSION 5

12:40-13:10

Chronic and end-of-life care for people with stroke and NCDs – Getting it right

NCDs are typically chronic conditions which require particular care towards the end of life. The WHO estimates that 40 million people are in need of palliative care each year – but that 86% do not receive it. The greatest gaps can be observed in developing country settings. Once implemented, it is imperative that end-of-life care services are holistic, extending far beyond physical treatment. The need for proper psychological and spiritual support for the person at the centre of the care, and for those around them, cannot be underestimated.

CHAIR

Pooja Khatri

Professor of Neurology, Director of Acute Stroke, UC Health (USA)

SPEAKERS

Dylan Blacquiere

Neurologist, Saint John Regional Hospital (Canada)

Gillian Mead

Professor of Stroke and Elderly Care Medicine, University of Edinburgh (UK)

Rita Melifonwu

Founder and CEO, Stroke Action Nigeria (Nigeria)

The Stroke and NCD Dialogue can be found at the Product Theatre Area of the World Stroke Congress Exhibition Hall.

For live updates follow @ncdalliance #enoughNCDs